

SATIPATTHANA: THE DIRECT PATH TO REALIZATION

Dianne Boruff

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Analayo's Satipatthana: The Direct Path to Realization is a lucid and authoritative textual examination of this core discourse. The book is an academic doctoral.

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Chapter 2 - The Definition Part of the Satipatthana Sutta (part 1). by Ajahn Amaro Satipatthana - The Direct Path to Realization. Audio: Play in new window.

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Working with a Studied this book as part of a year-long course in meditation practice at Springboard Sangha in Mt. By way of conclusion, I try to highlight some key aspects of satipatthana and to evaluate its importance. Since one of the above passages explains sensual pleasure to be an improper moving against the stream: The Birth of a. This book reveals the inner meanings encoded in the words of the sutta and their association, and in the sutta's structure and patterns of repetition and progression, elements which are usually overlooked or left out by other translators and commentators, but which have an inner meaning that is significant for practice. Seller Inventory GOR Perspectives on Satipatthana. Want to Read Currently Reading Read. The question of practising only insight meditation does not arise, since the important function of calmness meditation, as a practice in its own right, is never reduced to its auxiliary role in relation to insight meditation.