

**HOT STONES AND FUNNY BONES: TEENS HELPING
TEENS COPE WITH STRESS AND ANGER**

Andrea Nailor

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Adolescent Concerns - NAPNAP's Developmental-Behavioral & Mental Health SIG

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It includes downloadable and printable materials that complement this book, including a teen stress-reduction plan and summary sheets that can be used in school and community forums. You can play in teams – a team wins when one person guesses correctly in a set amount of time. To see what your friends thought of this book, please sign up.

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